

VENTURING CREW 176

GENERIC PACKING LIST FOR WARM WEATHER TRIPS

Clothing

(remember, always try to avoid wearing cotton in the outdoors)

- ___ socks
- ___ underwear
- ___ sleepwear
- ___ sturdy, closed toe shoes -- well-fitting & broken in hiking boots and/or sneakers
- ___ flip-flops (for shower only)
- ___ water shoes (closed toes) or old sneakers -- for canoeing or rafting
- ___ pants & short-sleeve shirts
- ___ shorts
- ___ sweatshirt and/or jacket
- ___ hat or baseball cap
- ___ rain coat or poncho (waterproof!)
- ___ swimsuit (swim trunks for males; one-piece suits for females)

Personal Items

- ___ utensil kit (spoon-fork-knife)
- ___ mess kit (cup, bowl, & plate)
- ___ bath towel, washcloth, shampoo, soap (in container or ziploc)
- ___ hair brush/comb
- ___ toothbrush/toothpaste
- ___ sunscreen (at least 15 SPF, waterproof)
- ___ insect repellent
- ___ sleeping bag
- ___ sleeping pad
- ___ water bottle (or two)
- ___ flashlight
- ___ daypack (for hiking)
- ___ journal, book, small game, disposable camera (all these are optional)
- ___ prescription medications & inhalers
- ___ signed permission slip, medical form, medication consent form